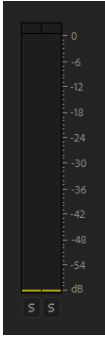
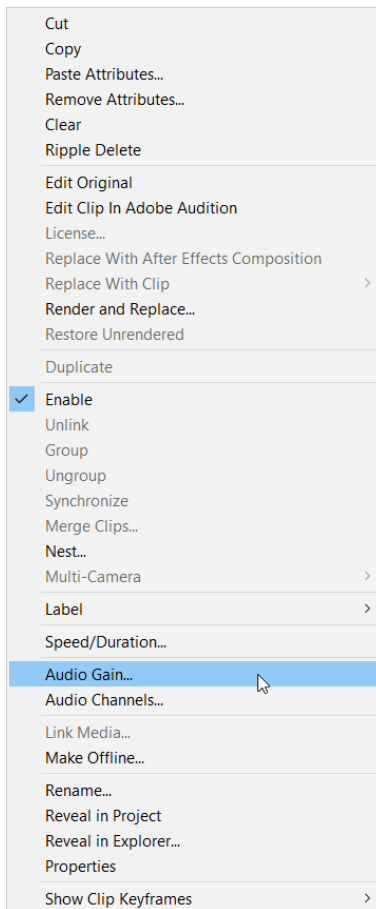


Instructions on Video Editing

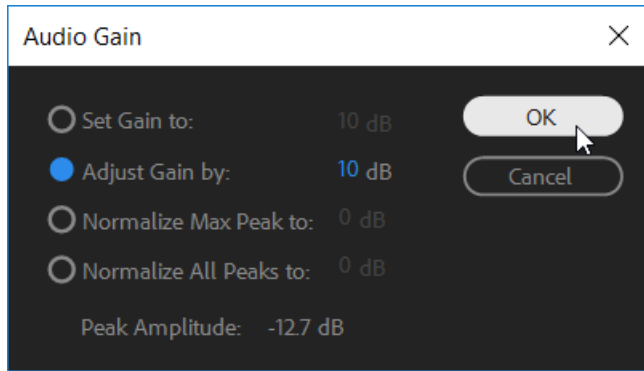
1. Open SD card slot on camera on the right side
2. Connect USB-C SD Card reader to USB-C port on computer if you don't have an SD card slot on your computer already.
3. (CAMERA) Finder -> DR-70D -> DCIM -> 100CANON -> Find video (usually most recent file) -> Put into a folder on desktop (name it something like MBB UCR Postgame)
4. (RECORDER) Finder -> DR-70D -> MUSIC -> TASCAM_(Highest number you can find)S1/S2/S3/S4 (ALL FOUR FILES – VERY IMPORTANT).wav (either highlight all or command one-by-one)
5. Open Adobe Premiere Pro
6. Select "New Project..."
7. Title: MBB UCR Postgame
8. File -> Import -> go to desktop -> find MBB UCR Postgame folder with files
9. Select everything, click open
10. Drag video onto timeline
11. Drag audio channels onto timeline (USUALLY 1 and 2, but make sure to check)
12. Mute "Audio 1" track on timeline
13. Go to the spot where the good part started
14. Separate the good part from the rest of the video/audio by using the razor tool (shortcut: C, to cut all tracks cmd+c or shift+c)
15. Switch back to the selection tool (keyboard shortcut: V) and highlight everything else you want to get rid of and delete it either right-clicking and selecting "cut" or cmd+x.
16. Repeat steps 13-15 for the end of the video.
17. Move all the tracks to the beginning of the timeline either by highlighting all of them or selecting all with keyboard shortcut: A.
18. Deselect the tracks and click on the video track.
19. A window titled "effect controls" SHOULD pull up on the upper left side. If it doesn't, you would go to "window -> effect controls".
20. Set "Scale" to something you like (usually something like 120-130 works if the video is too zoomed out).
21. Then, set the position to something like, both the left and right values. Left is horizontal positioning, right is vertical.
22. To view the image in fullscreen, click on the image and hit apostrophe on your keyboard.
23. ALWAYS, ALWAYS CHECK AND MAKE SURE THE AUDIO IS LOUD ENOUGH. You can do this by looking at the visualizer on the right of the timeline. You know how audio works- make sure nothing goes into the red and generally if you have audio that's in between -6 and 0 decibels, that's good enough for video and standard for everything else I've put out this year.



24. To change volume levels on audio tracks, right click on the audio track (audio 2 or 3), and select “Audio Gain”.



25. In the Audio Gain window, experiment with increases in gain by changing the value next to “Adjust Gain by”. USUALLY 10-13 decibels will do the trick.



26. After you're happy with what you have, go to file -> export -> media
27. A window named "Export settings" will pop up. You'll go to "output name" and rename it to MBB UCR Postgame FINAL.
28. Then, click "export". Wait for it to finish exporting (usually around 10min).
29. Ask the Sports Director for the Twitter login.
30. Upload the video and tag everyone who was in it.
31. Then, go to Facebook and head to our page at "KCSB Sports". Ask the Sports Director to be made an admin, then you can upload our video and tag the appropriate parties.
32. If it's longer than 2 mins, 20 secs, upload to YouTube (so you can share it to Twitter). Ask the Sports Director for the login information.